

Online Safety Resource Guide 2022





Introduction

Because our mission is to create ICT confidence in schools, a crucial part of this outcome is the safety of our children and young people when learning (and living) online.

This could be at home or at school, but it is essential that they have the tools and solutions to learn the skills needed, and that we teach them how to use said tools and solutions safely.

With Safer Internet Day just around the corner, Dataspire is helping schools to do just that by providing this comprehensive guide for online safety resources, hints and tips.

As well as saving you time, this collection of online safety resources will help you to teach pupils, students and even your own children and relatives how to stay safe online.

This year we have also added a section of resources for parents and carers, so please feel free to share this with your wider learning community.

(Click on bold text to access resources)

○ **Be SMART with a heart from Childnet**

Helping children learn how to be SMART with a heart and top tips for using the internet safely and positively.

For pupils aged 6-9

For ages 7-11

○ **Own IT! From the BBC**

A whole website created by the BBC, packed with videos, hints and tips for children and young people as they live online.

Basics – How to get started with Vlogging, Youtube, Gaming and more

Take control – advice and guidance for digital skills and managing social media

It's personal – advice and guidance for wellbeing and cyberbullying

Don't panic – advice on where to find help and support

○ **Find the Fake**

Can you find the fake online? Select an age-appropriate quiz to play as a group (adults versus children) to learn and test your knowledge on what fake news, disinformation and misinformation **is and** how to stop it from spreading.

○ **Digiduck's BIG Decision**

An eBook helping children understand what could happen when they share content online.

○ **Jessie and Friends**

This series of three animations aims to give 4-7 year olds knowledge, skills and confidence to help them respond safely to risks they may encounter online.

○ **Undressed**

Being coerced or tricked into revealing themselves online is not exclusive to teenagers and so these resources helps to open the conversation with younger children, and why. (includes a video, colouring pages, posters and worksheets)

○ **Smartie the Penguin**

Follow the adventures of Smartie and Daddy Penguin as Smartie learns how to be safe on the internet.

○ **Band Runner**

Band Runner is the game for 8-10 year olds which sees children collect points and answer questions about staying safe online.

Resources for Primary Education



Resources for Secondary Education

(Click on bold text to access resources)

○ **So you got naked online?!**

A resource that offers children, young people and parents, advice and strategies to support the issues resulting from sexting incidents.

○ **Are you an accidental Cyberbully?**

Quiz: Have you ever left an online comment you regret? Sometimes you might be a cyberbully without realising.

○ **Safety Cards**

Teaching young people how to stay safe on the most popular platforms. These are printable, one-page safety cards for platforms including TikTok, Roblox, Twitch, Discord and so much more.

○ **That's not cool**

That's Not Cool is dedicated to decreasing teen dating violence due to technology and is increasing awareness for healthy teen relationships online.

○ **Stop, think... Do I consent?**

In this activity, pupils learn about the terms and conditions of a variety of social media organisations and reflect on the personal information which people consent to 'giving away' when they sign up to such websites.

○ **Find the Fake**

Select an age-appropriate quiz to play as a group (adults versus children) to learn and test your knowledge on what fake news, disinformation and misinformation is and how to stop it from spreading.

○ **Making the Internet a Better Place**

TikTok Superstars Charli and Dixie D'Amelio open up about their experience of being bullied and share tips on how to make the internet a better place.

○ **Spot the Troll**

The quiz where you can examine images of real social media content and decide whether it's from a legitimate account or an internet troll.

○ **Safer Online Dating**

Online dating can be a minefield. Whilst it can be a great way to meet, flirt and connect with new people, it can also be harder online to know who you're talking to and build healthy, trusting relationships. So, how can you make online dating safer?

○ **Extreme or not Extreme?**

A resource that explains extremism with a focus on the law, exploring actions likely to attract police investigation. Through the video, students will recognise examples of extremist behaviour online and their legal implications.

○ **Tips for staying safe online while gaming**



Resources for Parents/Carers

(Click on bold text to access resources)

○ **Social media facts & advice**

A hub of advice to help families navigate the risks and rewards that social media can bring.

○ **Gaming Safely Online**

Gaming has become the new digital playground for a lot of children and young people, so, socialising through gaming is now the norm. This offers some great benefits but also potential risks that children need to be aware of.

Gaming Advice for Pre-Teens

Gaming Advice for Teens

○ **Managing Parental Controls**

Give your child a safe space to explore their curiosity online.

○ **Things I wish my parents had known**

Young people's advice on talking to your child about online sexual harassment.

○ **Talking to your child about online safety**

It may feel daunting to talk about staying safe online – especially when your children are using the internet differently to you. This guide helps you to start the conversation.

○ **Advice for Parents/Carers on Smart devices/speakers**

How to start a conversation with your child about using a smart speaker safely:

○ **Age Specific Online Safety Guides**

Children use the internet in different ways depending on their age and so these checklists support parents/carers with top tips on how to help them stay safe.

Children aged 0-5

Children aged 6-10

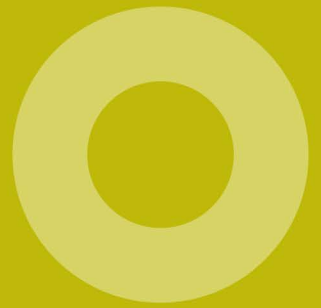
Children aged 11-13

Children aged 14+



Reports, Guides & Frameworks

(Click on bold text to access resources)



○ **How and why children seek help in non-face-to-face settings**

Although children and young people may prefer to retain some face-to-face contact with their support services, this report explains why most prefer receiving support non-face-to-face.

○ **Refuge & Risk: Life Online for Vulnerable Young People**

This report provides insight into 6,500+ UK children with some form of vulnerability, how the online world has become their lifeline. Some are up to seven times more likely to meet particular dangers over the internet than their non-vulnerable peers.

○ **'In Their Own Words: The Digital Lives of Schoolchildren'**

The Cybersurvey – carried out by Youthworks in partnership with Internet Matters – is the largest and most robust survey of its kind in the UK, with nearly 15,000 children aged 11-17 taking part across 82 schools across the country. In the latest report, it draws out key themes from what young people tell us about their online lives.

○ **Education for a connected world**

This framework describes the knowledge, understanding and skills that children and young people should have and the opportunity to develop at different ages and stages. It highlights what a child should know in terms of current online technology, its influence on behaviour and development, how to get support, and what skills they need to be able to navigate it safely.

○ **Life in Likes**

This Children's Commissioner's report on the effects of social media on 8-to-12-year-olds examines the way children use social media and its effects on their wellbeing. 'Life in Likes' fills a gap in research showing how younger children use platforms which social media companies say are not designed for them.

○ **Project Evolve**

A free toolkit for schools that covers 360 learning outcomes for pupils and students aged 4- 18.

○ **Online safety advice for Teachers and Parents/Carers from the NSPCC**

It can be hard to know how to talk to children about online safety. From setting up parental controls to advice on sexting, online games and video apps, this page can help you to understand the risks and keep your children safe.

○ **Keeping Children Safe in Education**

Statutory guidance for schools and colleges on safeguarding children and safer recruitment.

○ **Sexual Violence and Harassment between children in schools**

Advice for schools and colleges on how to prevent and respond to reports of sexual violence and harassment between children.



Resource/ Content credits to:

- Internet Matters
- Think you know
- Unicef
- Childnet
- BBC
- LGfL
- SWGfL
- Barefoot Computing
- Department for Education
- Safety Centre
- The Children's Commissioner for England
- Spot the Troll
- The UK Council for Internet Safety
- Project Evolve
- NSPCC
- Common Sense Media
- That'snotcool.com
- UK Safer Internet Centre





Why Dataspire?

For over 16 years, Dataspire has been supporting schools and academies across the UK and British International Schools in the Middle East, by providing fully managed IT services and support. We are passionate about education and that's why all our solutions help to:

- **improve outcomes for children and young people**
- **help teachers to focus on teaching and learning**
- **support senior leadership teams to drive progressive learning communities**

Get in Touch!

Visit our website at: **www.dataspire.co.uk**

Email us at: **info@dataspire.co.uk**

Call us at: **0345 603 1233**

Or follow us on any of our social channels:



**Whichever way you choose to contact us,
we look forward to hearing from you.**